



**WEEKAPAUG
FOUNDATION
FOR CONSERVATION**

COMPOSTING – WHY and HOW

Composting is nature's way of recycling with benefits for our community and environment. By composting, one feeds the soil without using chemical fertilizers, helps keep food waste out of landfills (food scraps and yard waste make up to 30% of what is thrown away), reduces greenhouse gas emissions, helps conserve water by building healthy soils and expand the soil's ability to store carbon. The finished compost can be used in one's garden to recycle nutrients back into the soil and reduce the need for fertilizers and pesticides.

Attached are informative resources to get you started be it with home composting, a curbside pick-up and/or dropping off at designated locations.

The WFC is sincerely grateful to the Master Gardener Program of the URI Cooperative Extension of the Agriculture and Food System Fellows Program and Produce Safety for the following materials.

Home pickup services

<https://www.litterless.com/where-to-compost/rhode-island>

Class recordings

[Introduction to Vermicomposting 2023](#)

[Practical Backyard Composting Turning Waste into Want](#)

Factsheets

B1 Home Composting

B2 How to Compost with Worms

B3 Small-scale composting

B4 Food Scrap Composting

B5 Leaf and Yard Composting

B6 Vermicomposting

B7 Composting is Easy

B8 Worms Can Recycle Your Garbage

[Composting At Home | US EPA](#)

